



RULES FOR LIFE



I LIVE CONSCIOUSLY

I ALWAYS FOLLOW THE RULES FOR LIFE

Because they are **critical and imperative** to our integrity and will help to protect us from Fatal and Serious Injury (FSI) exposures.

1 ENERGY ISOLATION

I will always apply the **5 GOLDEN RULES** before intervening on any equipment

Rule No. 1: Visible and effective disconnection

Rule No. 2: Lockout and Tagout (LOTO)

Rule No. 3: Verification of Zero Energy present

Rule No. 4: Grounding and short-circuiting (for electrical power)

Rule No. 5: Marking and delimitation of the work area



2. ENERGIZED EQUIPMENT INTERVENTION

I will only **intervene in electrical equipment and/or circuits** if I am properly trained and authorized.



3. ANCHORING DURING WORK AT HEIGHT

I will always **use and connect my fall protection system** to a **certified anchorage point** or a **verified structure** ensuring fall resistance for one or more persons.



4. PROTECTION AGAINST ● SUSPENDED LOADS

I will always respect the delineated area or **the "Line of Fire"** to avoid exposure to suspended loads.



5. INCIDENT REPORTING

I will **immediately report**, if any injury to personnel or any near miss **could lead to Serious or Fatal Injury (SFI)**.



6. COMPETENT REFUSAL TO WORK

I will always **exercise Competent Refusal to Work** when preventive controls are absent or insufficient to ensure safety during an activity.



**COMPETENT
REFUSAL TO
WORK**
AUTHORITY



7. RESPONSIBLE DRIVING

I will always **operate** vehicles or machinery in compliance with traffic regulations, paying full attention to road conditions, and never using my mobile phone while driving.



8. CONFINED SPACE ● VENTILATION

I will **only enter** a confined space once **ventilation conditions** have been **verified as safe and adequate**.



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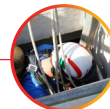
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